

HAPI

Activity Tracker

Quick Start Guide



Welcome

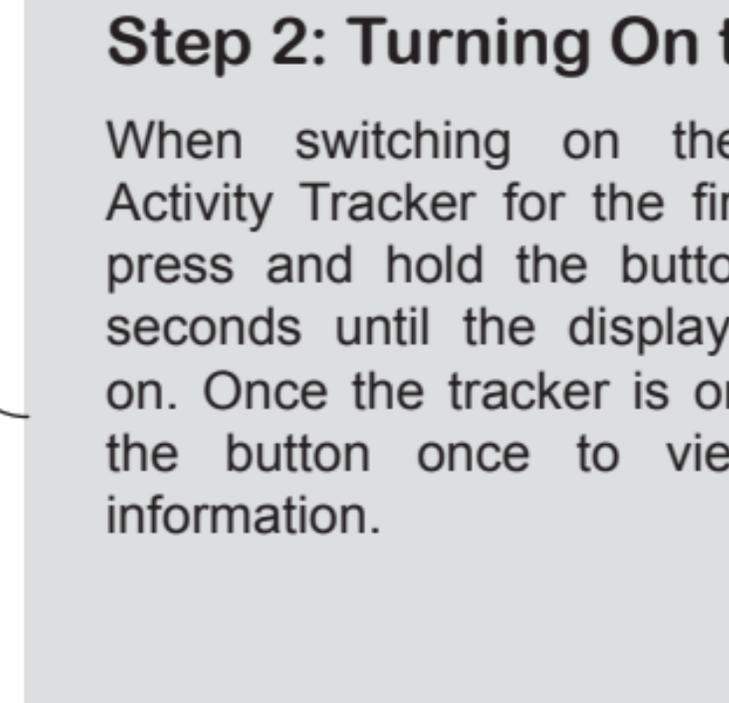
Thank you for purchasing the HAPI Activity Tracker! You have taken the first step in becoming healthier and HAPIer! The HAPI Activity Tracker tracks physical activity and sleep data, which you can share with a professional coach to receive regular feedback.*

Please follow these simple steps to set up your HAPI Activity Tracker.

*UK and Republic of Ireland and selected markets only

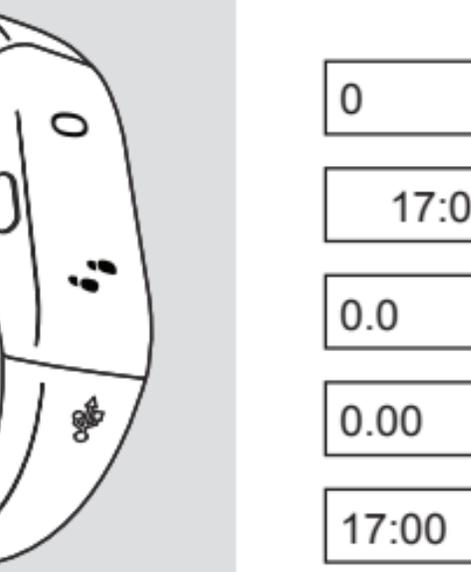
Step 1: Wearing the Tracker

Remove the band from its packaging and pull apart the clasp. Place it around the wrist and fasten the clasp into a notch of your choice for a comfortable fit. You may also choose to use the longer wrist band as supplied in the box. The tracker can be worn in the shower but it is not recommended to submerge in water.



Step 2: Turning On the Tracker

When switching on the HAPI Activity Tracker for the first time, press and hold the button for 8 seconds until the display comes on. Once the tracker is on, press the button once to view your information.



Screen Display

- | | |
|-----------------------|---------------|
| 0 Steps | 0 Sleep Mode |
| 17:00 Current Time | Charge Needed |
| 0.0 Calories Burned | Fully Charged |
| 0.00 Distance Walked | Pairing |
| 17:00 Alarm Clock | |

Step 3: Download the Mobile App

Download the HAPI Connect app from Apple Store or Google Play store to register. You will then be automatically invited to download our HAPIcoach app to experience your free 12 month 1:1 health and nutritional coaching.



Step 4: Pairing the Device

After making sure your Bluetooth is on, open the HAPI Connect app on your mobile. In the app, go to Device in the main menu and tap Add a Device. Press and hold the button on the Tracker for 8 seconds until you see “□□”.

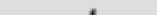


Step 5: Sleep Mode

To enter sleep mode, press the button and hold for about 5 seconds until you feel a vibration and you see a small moon icon appear. Repeat the process to exit Sleep Mode.



Step 6: Charging the Tracker

Pull out one end of the wrist cuff, marked with, to reveal the USB  connector. Place into a PC's USB port or a USB power adaptor to charge. Wait until charge is complete “” before reuse.



For more information, full user manual, warranty conditions and troubleshooting, please visit www.hapi.com/help